

JULY 2021 – AFRH-G Recreational Activities



	All Programs listed are considered Public for the purpose of photography					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HURRICANE SEASON Be Prepared!	SWIMMING POOL Swimming Pool is open 7 Days a week from 0600-2200. (Closed for cleaning on W & F from 0600-1000)	THEATER MOVIES Movie Schedules are posted outside the theater and online. Additional movies shown on SrTV Channel 4 daily @ 1800.	Daily @ 1300 & 2100 On SRTV Channel 4	0900 Exercise Video (SrTV4) 1300 Art Activity (ART) 1400 Bingo 1800 Movie (Theater)	0900 Exercise Class (Ex Rm) 1700 KAFB "Freedom Fest" & Fireworks Trip @ KAFB 1800 Movie (SRTV Ch. 4)	AFRH-G Annual Games will resume in July with the recording points from monthly tournament through December. Winners will recognized at the Annual Awards the end of the year.
1045 Gulf Coast Vettes for Vets Drive Thru 1130-1300 4th of July Cook-In – Dining Hall 1800 Movie (Theater)	Pederal Holiday 0900 Exercise Class Video (SrTV Ch.4) 1800 Movie (SRTV Ch. 4) Happy Independence Day -Federal Offices Closed -	0900 Exercise Video (SrTV4) 0930 Washer Toss Tourn. (BC) 1300 Art Activity (ART) 1400 Spare Time Bowling 1800 Movie (Theater)	0800 Painting Demo (ART) 0900 Exercise Class (Ex Rm) 1400 Popcorn Matinee Back in the THEATER	0900 Exercise Video (SrTV4) 1300 Art Activity (ART) 1400 Bingo 1800 Movie (Theater)	0830 Wal-Mart BusTrip 0900 Exercise Class (Ex Rm) 0930 Free Throw Tournament 1130 Edgewater Mall Trip 1130-1300 Frozen Friday (Dining Hall)	THE THY MIN
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1800 Movie (Theater)	0900 Exercise Class (Ex Rm) 0930 Corn Toss Tournament 1800 Movie (SRTV Ch. 4)	0900 RAC Meeting (CC) 0930 Table Shuffleboard (BC) 1300 Art Activity (ART) 1400 Spare Time Bowling 1500 Apple Class (CLC) 1800 Movie (Theater)	0800 Painting Demo (ART) 0900 Exercise Class (Ex Rm) 0900 Hattiesburg Zoo Trip 1300 Woodshop Certification 1400 Popcorn Matinee (TH) 1800 Movie (SRTV Ch. 4)	0900 Exercise Video (SrTV4) 1300 Art Activity (ART) 1400 Bingo 1800 Movie (Theater)	0900 Exercise Class (Ex Rm) 1800 Movie (SRTV Ch. 4) StayActive	Be on the lookout for a Trucker's Convoy along U.S. 9 at dusk in support of the Wounded Warriors Project.
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1800 Movie (Theater)	0900 Exercise Class (Ex Rm) 0900 KAFB Exchange & Promenade Shopping Trip 1330 Pool Tournament (CLB) 1800 Movie (SRTV Ch. 4)	0900 Exercise Video (SrTV4) 1130 Birthday Lunch (Dining) 1300 Art Activity (ART) 1400 Spare Time Bowling 1800 Movie (Theater)	0800 Painting Demo (ART) 0900 Exercise Class (Ex Rm) 1000 Town Hall (Community Center) 1300 Woodshop Certification 1400 Popcorn Matinee (TH)	0900 Exercise Video (SrTV4) 0930 Horseshoe Tournament 1300 Art Activity (ART) 1400 Bingo 1800 Movie (Theater)	Tokyo Olympics Begin 0900 Exercise Class (Ex Rm) 0930 Outdoor Shuffleboard Tournament 1130-1300 Frozen Friday (Dining Hall) 1400 Fleet Reserve Mtg. (TH)	Be sure to stop by Rec Svcs to enter our Olympic Contest to guess the number of Medals the U.S. will win in Tokyo.
0900 Catholic Mass (Chapel) 1030 Protestant Service (Chapel) 1800 Movie (Theater)	0900 Exercise Class (Ex Rm) 0930 Hook & Ring Tourn.(BC) 1400 Computer Group Mtg. 1400 AFRH-G Olympic Fun Festival (CC) 1800 Movie (Ch. 4)	0930 Pong Tournament (BC) 1000 Korean War Video (SrTV4) 1300 Art Activity (ART) 1400 Spare Time Bowling 1500 Android Class (CLC) 1800 Movie (Theater)	0800 Armed Forces Museum & Whistle Stop Café Trip 0800 Painting Demo (ART) 0900 Exercise Class (Ex Rm) 1300 Woodshop Certification 1400 Popcorn Matinee (TH)	0900 Exercise Video (SrTV4) 1300 Art Activity (ART) 1400 Bingo 1800 Movie (Theater) Stay Hydrated Stay Healthy	0900 Exercise Class (Ex Rm) 0930 Golf Putt Tournament 2000 "Dive-In Movie" by the Pool 1800 Movie (SRTV Ch. 4)	Be sure to visit www.qulfcoast.or to view events happening along the Mississippi Gulf Coast.